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| **Allergen Identification Form**  | **Menu – Sept – Oct 2025** | **Week/Day – Wk 1 Monday**  |
| **Brand** | **Menu Item** | **Celery** | **Crustacea** | **Eggs** | **Fish** | **Gluten\*** | **Lupin** | **Milk** | **Molluscs** | **Mustard** | **Peanuts** | **Tree Nuts** | **Sesame** | **Soya** | **Sulphites** |
| Fresh  | Onions  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chefs larder  | Garlic puree  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Growers harvest  | Tinned tomatoes  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Growers harvest  | Tomato puree  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tesco  | Stock cubes  | **\*** |  |  |  |  |  | **\*** |  |  |  |  |  |  |  |
| Fresh | Basil leaves |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tesco | Wholegrain pasta  |  |  |  |  | **W** |  |  |  |  |  |  |  |  |  |
| Hearty  | Garlic bread  |  |  |  |  | **W** |  |  |  |  |  |  |  |  |  |
|  | **Freshly baked baguette**  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chefs larder  | Baguette  |  |  |  |  | **W** |  |  |  |  |  |  |  |  |  |
| Creamfields  | Cheese (V)  |  |  |  |  |  |  | **\*** |  |  |  |  |  |  |  |
| Eastman | Ham  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Salad bar**  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh  | Salad bar – will vary and may contain pasta  |  |  |  |  | **W** |  |  |  |  |  |  |  |  |  |
|  | **Dessert**  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fresh  | Fruit – will vary and will contain 3 or more different fruits |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Creamfields  | Yoghurts |  |  |  |  |  |  | **\*** |  |  |  |  |  |  |  |
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| \*Gluten Key: | **W**=Wheat **O**=Oats **B**=Barley **R**=Rye **S**=Spelt **K**=Kamut |