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| **Allergen Identification Form** | | **Menu – Sept – Oct 2025** | | | | | | | | | **Week/Day – Wk 2 Monday** | | | | | | |
| **Brand** | **Menu Item** | | **Celery** | **Crustacea** | **Eggs** | **Fish** | **Gluten\*** | **Lupin** | **Milk** | **Molluscs** | | **Mustard** | **Peanuts** | **Tree Nuts** | **Sesame** | **Soya** | **Sulphites** |
| Fresh | Onions | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Chefs larder | Garlic puree | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Growers harvest | Tinned tomatoes | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Growers harvest | Tomato puree | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Great scot | Lentils | |  |  |  |  | **G** |  |  |  | |  |  |  |  | **\*** |  |
| Tesco | Mixed herbs | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Tesco | Stock cubes | | **\*** |  |  |  |  |  | **\*** |  | |  |  |  |  |  |  |
| Tesco | Wholegrain pasta | |  |  |  |  | **W** |  |  |  | |  |  |  |  |  |  |
| 5115 Holdsworth | Grated cheese (V) | |  |  |  |  |  |  | **\*** |  | |  |  |  |  |  |  |
| Tesco | Seasoning – to taste | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Tesco | Pure vegetable oil – to fry | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
|  | **Freshly baked baguette** | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| 23030 Holdsworth | Baguette | |  |  |  |  | **W** |  |  |  | |  |  |  | **\*** |  |  |
| 5115 Holdsworth | Grated cheese (V) | |  |  |  |  |  |  | **\*** |  | |  |  |  |  |  |  |
| Eastman | Ham | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
|  | **Salad bar** | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Fresh | Salad bar – will vary and may contain pasta | |  |  |  |  | **W** |  |  |  | |  |  |  |  |  |  |
|  | **Dessert** | |  |  |  |  |  |  |  |  | |  |  |  |  |  |  |
| Fresh | Fruit – will vary and will contain at least 3 different fruits | |  |  | **\*** |  | **W** |  | **\*** |  | |  |  |  |  | **\*** |  |
| Creamfields | Yoghurts | |  |  |  |  |  |  | **\*** |  | |  |  |  |  |  |  |
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| \*Gluten Key: | **W**=Wheat **O**=Oats **B**=Barley **R**=Rye **S**=Spelt **K**=Kamut |