

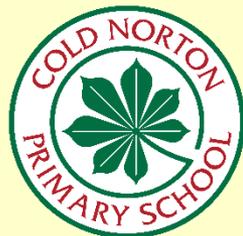
# P.G.L. 21<sup>st</sup> – 26<sup>th</sup> September 2026

<https://vimeo.com/74556540> - link to PGL video



# Why go on the year 6 residential trip?

- Increases children's independence
- Builds children's confidence
- Team building activities
- Children will be encouraged to go out of their comfort zone in a safe environment
- There is chance to try new, exciting activities
- IT IS FUN!



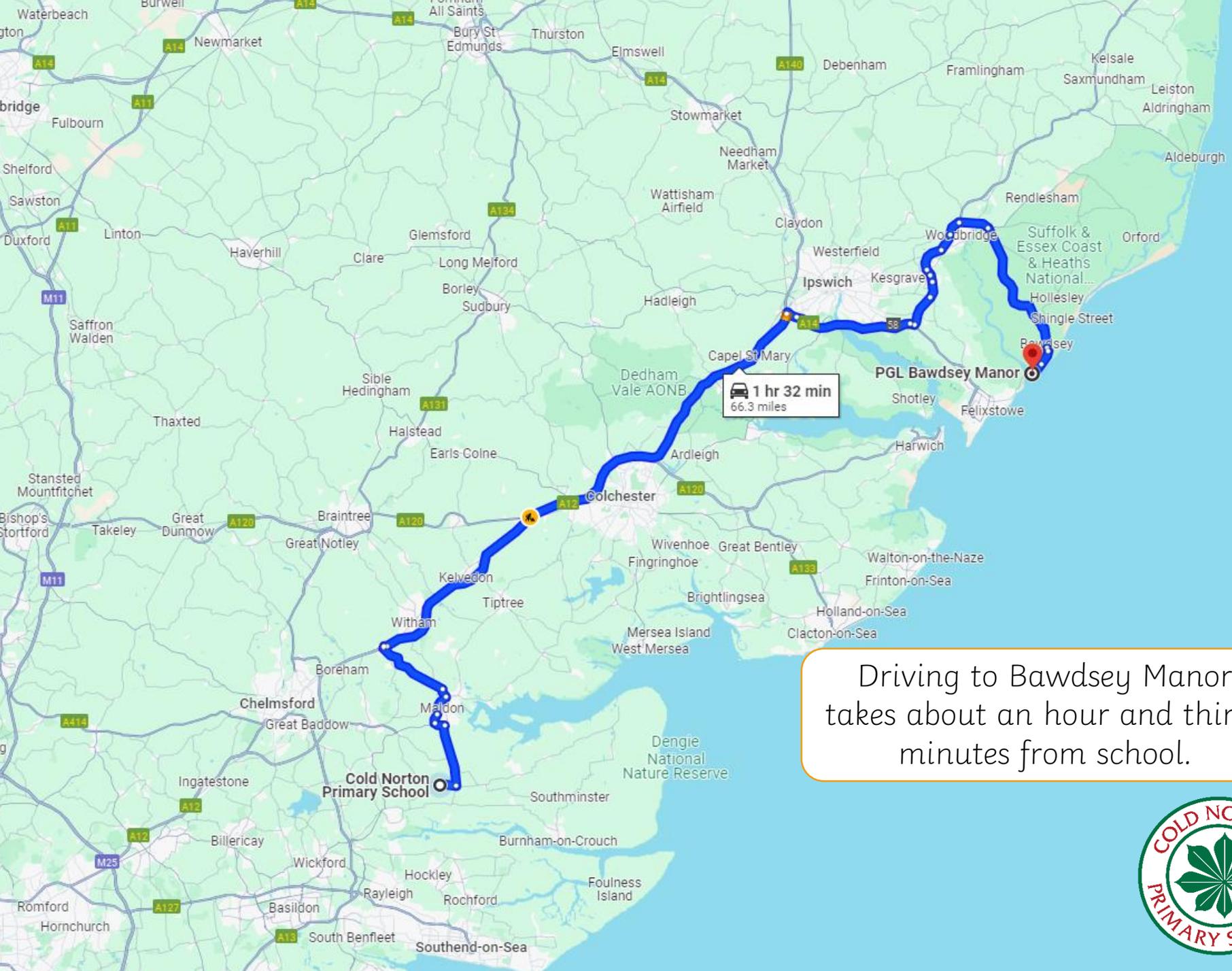
# PGL Bawdsey Manor

Bawdsey Manor is one of the newest PGL centres; it only opened in June 2017. It is in a stunning beach side location on the Suffolk Coastline with 144 acres of grounds to explore. It used to be an international school and private home, and has many existing facilities as a result, including a sailing school and boatyard, tennis courts, dining room, classrooms and accommodation.

As with all P.G.L. sites, the accommodation, activities and staff are all geared towards children.

<https://www.youtube.com/watch?v=5zCJQAL5a2M> –  
link to aerial views of Bawdsey Manor



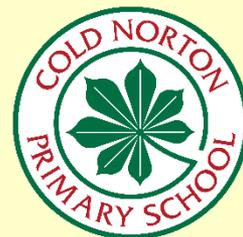


Driving to Bawdsey Manor takes about an hour and thirty minutes from school.



# Accommodation

- Dormitories of 4 – 8 children
- Bathrooms are en-suite
- Adults have rooms next door to children
- Children will need sleeping bags and pillows
- Children have a choice of who they share with



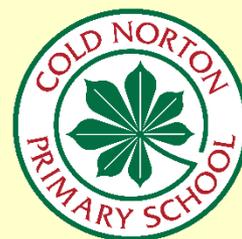
# Possible Activities

- Abseiling
- Aeroball
- Archery
- Beach Walk
- Buggy Build
- Canoeing
- Challenge Course
- Climbing
- Fencing
- Giant Swing
- Jacob's Ladder

We make activity choices based on the interests and needs of our children.

PGL will accommodate choices as far as possible, but activities are subject to change.

- Orienteering
- Raft Building
- Rifle Shooting
- Sensory Trail
- Team Games
- Survivor
- Trapeze
- Zip Wire



# Food

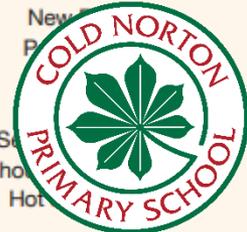
- Plenty of choice to suit all requirements.
- We will communicate any allergies with PGL before the visit and also on arrival.
- Meals are served in a canteen system.



# Food

- A mix of hot and cold meals with vegetarian options
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for
- Support for fussy eaters

FRIDAY	SATURDAY	SUNDAY	MONDAY
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Hash Browns Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Scrambled Eggs Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Bacon (V) Quorn Sausages Hash Browns Spaghetti in Tomato Sauce Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge  Sausages (V) Quorn Sausages Scrambled Eggs Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Homemade Soup of the Day Choice of Breads Salad Bar  Burger Choice of Meat or Vegetarian Fries Relishes  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Jacket Potatoes or Rice Choice of Meat or Vegetarian Filling Homemade Bread  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Fajitas Choice of Meat or Vegetarian Fillings Red Cabbage Slaw Tortilla Chips  Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar  Pizza Meat or Vegetarian Potato Wedges  Seasonal Fresh Fruit Hot & Cold Drinks
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Homemade Soup of the Day Salad Bar  Meatballs in Tomato Sauce Chicken & Leek Pie (V) Cheese & Potato Plait Pasta or Potatoes Green Beans & Carrots  Seasonal Fresh Fruit Doughnut Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Chicken Nuggets Fish in Tomato & Mascarpone Sauce (V) Vegetable Pilaf Chips Mixed Vegetables  Seasonal Fresh Fruit Chocolate Chip Sponge & Chocolate Custard Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Roast Dinner Yorkshire Pudding (V) Macaroni Cheese Roast Potatoes Seasonal Vegetables Gravy  Seasonal Fresh Fruit Belgian Waffles with Topping Hot & Cold Drinks	Homemade Soup of the Day Salad Bar  Beef Lasagne Cumberland Sausages (V) Beetroot & Red Onion Tart New P  S Ch Hot



# Cost

- We do everything we can to keep the trip as affordable as possible, including early booking.
- Payments can be made using *School Money*.
- Expected to be approximately £445-£455 (depending on how many children go)
- A deposit of £60 by the 26th September secures your child a place.
- A further payment of £120 will then be required by end of this term.
- Final payment during Summer Term– to be advised.



# Questions?

If you have any questions regarding the trip, the payments, or if there is anything else that is on your mind, please do speak to Ms Penkett, or the office staff or Miss Kent.

