

P.G.L. 20th – 24th September 2027

<https://vimeo.com/74556540> - link to PGL video



Why go on the year 6 residential trip?

- Increases children's independence
- Builds children's confidence
- Team building activities
- Children will be encouraged to go out of their comfort zone in a safe environment
- There is chance to try new, exciting activities
- IT IS FUN!



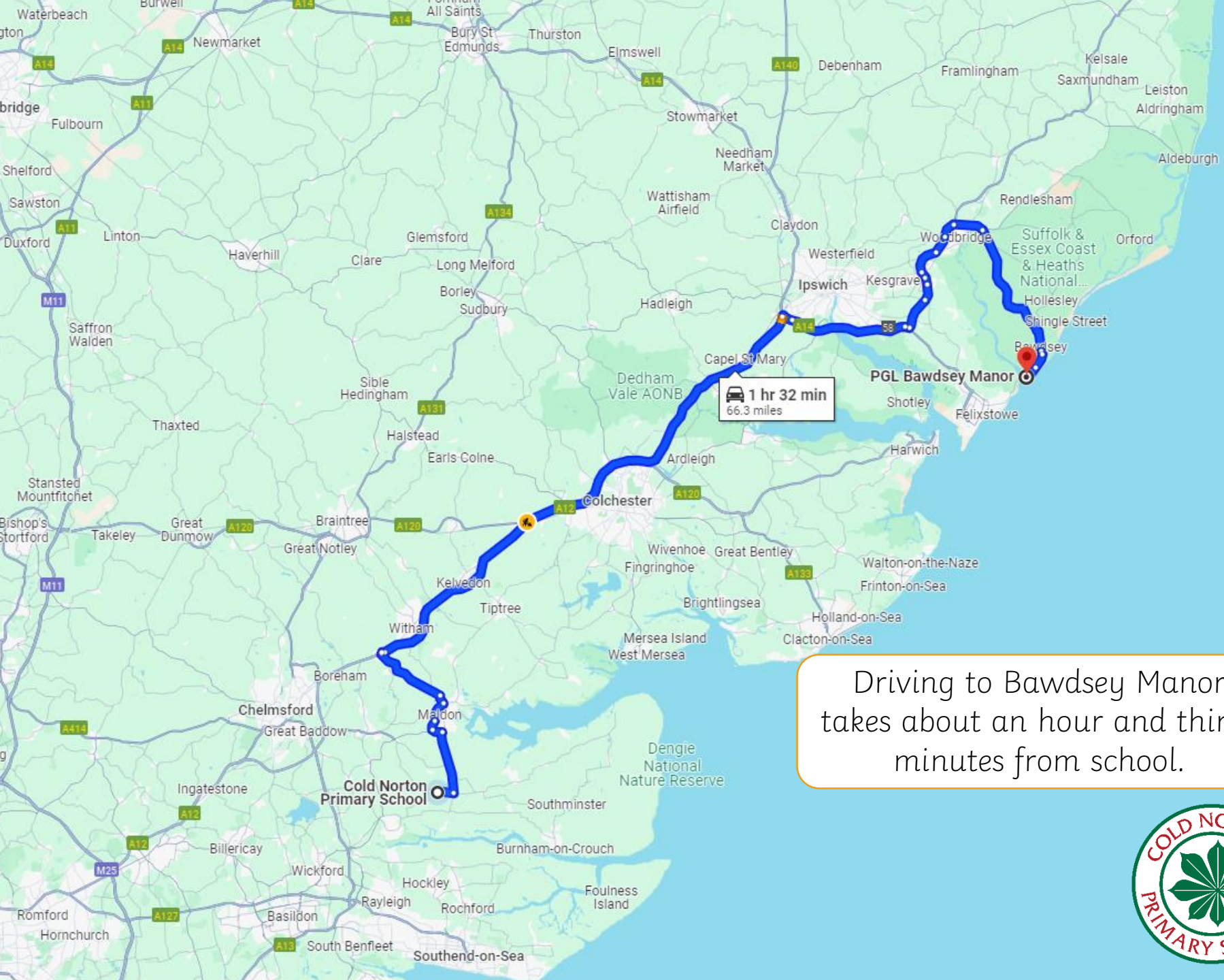
PGL Bawdsey Manor

Bawdsey Manor is one of the newest PGL centres; it only opened in June 2017. It is in a stunning beach side location on the Suffolk Coastline with 144 acres of grounds to explore. It used to be an international school and private home, and has many existing facilities as a result, including a sailing school and boatyard, tennis courts, dining room, classrooms and accommodation.

As with all P.G.L. sites, the accommodation, activities and staff are all geared towards children.

<https://www.youtube.com/watch?v=5zCJQAl5a2M> –
link to aerial views of Bawdsey Manor





Driving to Bawdsey Manor takes about an hour and thirty minutes from school.



Accommodation

- Dormitories of 4 – 8 children
- Bathrooms are en-suite
- Adults have rooms next door to children
- Children will need sleeping bags and pillows
- Children have a choice of who they share with



Possible Activities

- Abseiling
- Aeroball
- Archery
- Beach Walk
- Buggy Build
- Canoeing
- Challenge Course
- Climbing
- Fencing
- Giant Swing
- Jacob's Ladder

We make activity choices based on the interests and needs of our children.

PGL will accommodate choices as far as possible, but activities are subject to change.

- Orienteering
- Raft Building
- Rifle Shooting
- Sensory Trail
- Team Games
- Survivor
- Trapeze
- Zip Wire



Food

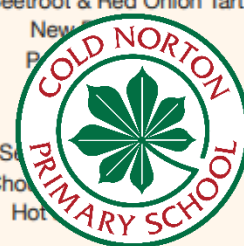
- Plenty of choice to suit all requirements.
- We will communicate any allergies with PGL before the visit and also on arrival.
- Meals are served in a canteen system.



Food

- A mix of hot and cold meals with vegetarian options
- Self-service salad bar
- Fresh fruit with every meal
- Allergies, intolerances and special diets catered for
- Support for fussy eaters

FRIDAY	SATURDAY	SUNDAY	MONDAY
Breakfast	Breakfast	Breakfast	Breakfast
Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Hash Browns Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Scrambled Eggs Mushrooms Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Bacon (V) Quorn Sausages Hash Browns Spaghetti in Tomato Sauce Seasonal Fresh Fruit Hot & Cold Drinks	Choice of 3 Cereals with Semi-Skimmed Milk Assorted Yoghurts White & Brown Toast with Preserves Porridge Sausages (V) Quorn Sausages Scrambled Eggs Baked Beans Seasonal Fresh Fruit Hot & Cold Drinks
Lunch	Lunch	Lunch	Lunch
Homemade Soup of the Day Choice of Breads Salad Bar Burger Choice of Meat or Vegetarian Fries Relishes Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar Jacket Potatoes or Rice Choice of Meat or Vegetarian Filling Homemade Bread Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar Fajitas Choice of Meat or Vegetarian Fillings Red Cabbage Slaw Tortilla Chips Seasonal Fresh Fruit Hot & Cold Drinks	Homemade Soup of the Day Choice of Breads Salad Bar Pizza Meat or Vegetarian Potato Wedges Seasonal Fresh Fruit Hot & Cold Drinks
Dinner	Dinner	Dinner	Dinner
Homemade Soup of the Day Salad Bar Meatballs in Tomato Sauce Chicken & Leek Pie (V) Cheese & Potato Plait Pasta or Potatoes Green Beans & Carrots Seasonal Fresh Fruit Doughnut Hot & Cold Drinks	Homemade Soup of the Day Salad Bar Chicken Nuggets Fish in Tomato & Mascarpone Sauce (V) Vegetable Pilaf Chips Mixed Vegetables Seasonal Fresh Fruit Chocolate Chip Sponge & Chocolate Custard Hot & Cold Drinks	Homemade Soup of the Day Salad Bar Roast Dinner Yorkshire Pudding (V) Macaroni Cheese Roast Potatoes Seasonal Vegetables Gravy Seasonal Fresh Fruit Belgian Waffles with Topping Hot & Cold Drinks	Homemade Soup of the Day Salad Bar Beef Lasagne Cumberland Sausages (V) Beetroot & Red Onion Tart New P P Seasonal Fresh Fruit Chocolate Hot



Cost

- We do everything we can to keep the trip as affordable as possible, including early booking.
- Payments can be made using *School Money*.
- Expected to be approximately £445-£455 (depending on how many children go)
- A deposit of £65 by the 30th September secures your child a place.
- A further payment of £125 will then be required by mid January.
- Final payment during Summer Term– to be advised.



Questions?

If you have any questions regarding the trip, the payments, or if there is anything else that is on your mind, please do speak to Ms Penkett, or the office staff or Miss Kent.

