



COLD NORTON PRIMARY SCHOOL

Cold Norton Primary School
St Stephen's Road
Cold Norton, Chelmsford
Essex CM3 6JE
Headteacher: Ms E Penkett
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18th January 2024

Dear Parents and Carers,

As part of our initiative to retain 'Healthy School' status, School Council have been consulting with classes about making healthier food choices. After gathering the views of their classmates, School Council agreed on and compiled a list of healthier choice break time snacks. They then created a PowerPoint presentation detailing their decisions and the facts behind these choices. Today, they have delivered this during Pupil Voice Assembly, and answered questions from their classmates.



Our new breaktime snack rule starts **next Monday**

These are the foods you can have:

- Fruit
- Dried Fruit
- Vegetables
- Cheese

Thank You

Thank you for listening in today's assembly.

The new break time snack rules will come into effect next Monday. We will review it at half term, and again at the end of the term. The children have been reminded that any foods they are not allowed to eat at break time may be eaten at lunchtime or at home. They have also been asked to consider keeping packaging – especially single-use plastic – to a minimum.

For your information, I will also be sending families a survey regarding school lunches in the near future.

Your co-operation and support is appreciated as we aspire to retain our *Healthy School* status and make positive changes at school.

Best wishes,

Ms Penkett and School Council



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