



Dear Parents and Carers,

Recently, we have been approached by a small number of parents enquiring about head lice, and how to treat them.

The most relevant information is found on the NHS website:

<https://www.nhs.uk/conditions/head-lice-and-nits/>

It explains that there is no need to keep children off school if they have headlice; it also outlines various ways of treating headlice, including a link to a video demonstrating wet combing.

We would like to highlight this advice in particular:

Wet combing

It usually takes about 10 minutes to comb short hair, and 20 to 30 minutes for long, frizzy or curly hair.

Do wet combing on days 1, 5, 9 and 13 to catch any newly hatched head lice. Check again that everyone's hair is free of lice on day 17.

Medicated lotions and sprays

Head lice should die within a day. Some lotions and sprays come with a comb to remove dead lice and eggs.

Some treatments need to be repeated after a week to kill any newly hatched lice.

Kind regards,

Emily Penkett



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